

## Athletic Sports 2018

23<sup>rd</sup> October 2018

Dear Parents/Caregivers

You are invited to watch the schools' annual Athletics Sports which are held over two days.



### Standards Days:            **Wednesday 31st October – Whole School**

Ngata/Hillary Pods            9:00 - 11:35 (morning tea break from 10:45 - 11:00)  
Sheppard/Rutherford Pods 11:45 - 2:50 (lunch break from 12:20 - 1:05)

On this day all students compete in Long Jump, 100m, Shot Put and Discus throughout the day. They are attempting to achieve set standards in each event. Students who achieve the highest standard of 3 in an event compete against each other on Championship Day.

Please note that in order to fit all events into a tight timeframe the students will have already competed for standards in the 1200m and high jump events prior to the Standards Days. These finals will be held on Championship Day.

### Championship Day:    **Thursday 1st November**

- 8.45 - Yr 8 Boys High Jump, Yr 7 Boys Long Jump, Yr 8 Girls Discus, Yr 7 Girls Shot Put
- 9.25 - Yr 7 Girls High Jump, Yr 8 Boys Long Jump, Yr 7 Boys Discus, Yr 8 Girls Shot Put
- 10.05 - Yr 8 Girls High Jump, Yr 7 Girls Long Jump, Yr 8 Boys Discus, Yr 7 Boys Shot Put
- 11.05 - Yr 7 Boys High Jump, Yr 8 Girls Long Jump, Yr 7 Girls Discus, Yr 8 Boys Shot Put
- 11:45 - 1200m Finals
- 12.30 - 100m Sprints – Heats & Finals
- 2.20 - House Relays

The team to compete at Ngā Puna Wa will be selected from students who excel during our school events.

#### **Important Reminders**

- All students must wear a wide-brim or 'bucket' hat when not competing as per our current school policy.
- Water is the best form of hydration. We encourage all students to hydrate often throughout the Athletic Sports.
- Sunscreen will be available for students to use at school. It would be advisable for every student to apply sunscreen before leaving home and frequently during the day.
- Our spring weather can be fickle so please ensure your child has a school sweatshirt to wear while waiting for events.
- Any student who is not able to participate due to injury or illness is required to bring an explanatory note from home. Any student who is not able to participate will be placed in another class for the day.
- Should we have to cancel any day's competition due to wet weather the whole programme will be moved forward to the next available day. Any changes will be notified on the school website and phone message system.

**We look forward to a fun-filled, action-packed two days and we would love to see you!**

**Aaron Nixon**  
**EOTC Co-ordinator**