

Friday 25 September

Sexuality Education

Dear Parents/Caregivers,

Sexuality education is part of The New Zealand Curriculum, and it is a requirement that it is taught as part of the Health and Physical Education learning area from Years 1-10.

In health education students develop competencies for health and positive sexuality, build resilience, learn to demonstrate empathy, and develop skills that enhance personal relationships.

Your child will be taught using a programme based on *The Sexuality Road - Discovering Me*, developed by Family Planning. The following topics will be covered:


1. Changing bodies and feelings
2. Relationships
3. Communication and decision making
4. Reproduction
5. Supports

We will have a copy of the resource, *The Sexuality Road*, available in the office for any parent who would like to visit and have a look at this resource.

Sexuality education is a valuable part of a child's learning, so we hope all children in that class will be present for this programme. However, if you do not wish your child to participate please advise the Principal in writing before the programme starts. Homeroom teachers will begin the programme from Monday 26 October.

We look forward to working with the students through this exciting programme and hope that you take the opportunity to have many interesting discussions at home regarding the content of the programme your child/children will be taught next term.

Yours sincerely



Associate Principal - Learning Director