

25th October 2019



204 Selwyn Street
Christchurch 8024
Ph (03) 332 2408
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Dear Parents / Caregivers

Athletics Championship Day

Your child has qualified for the Christchurch South Intermediate Championship Day to be held at Ngā Puna Wai Sports Hub on Thursday, 31st October. We will be travelling by bus **leaving school at 8.15am**. Children are expected to be **at school at 8.00am**. We will **return at approximately 3.00pm**.

The school expects appropriate behaviour throughout the day from the children participating. There may be times where particular athletes are not competing so the expectation is that they are positively supporting other competitors. They are expected to remain in the spectator's area when they are not competing. Students are not to bring electronic devices to Ngā Puna Wai.

It is suggested that the children have plenty of food and drink to keep their energy levels high throughout the day. There will be no opportunity to buy food or drink there.

Spikes can be used (not exceeding 7mm) for long jump, high jump, sprints and relays. Starting blocks will be provided at Ngā Puna Wai for those requiring them. Starting blocks are not to be brought from home.

Children are encouraged to bring their own sunscreen and they are required to wear their hat when they are not competing. The supervising teacher will have additional sunscreen if required. They are also expected to bring any medication they may need. Due to the unpredictable weather including cold wind, we encourage students to bring a warm jacket, tracksuit pants and a blanket if they wish to. Cancellation of the event will be notified on the daily notices on the school website, on the phone message system, via the school app and on the school's Facebook page.

Parents are welcome to attend for all or part of the day. For your convenience attached is a copy of the timetable.

Yours sincerely

Cam Angus
Athletics Co-ordinator

Championship Day – Thursday 31st October 2019 - Timetable

8:15 - Buses leave school

8:40 - Initial Briefing

9:00 - 9:30 - 1200m Races (Y7 Girls, Y7 Boys, Y8 Girls, Y8 Boys)

	Year 7 Boys	Year 7 Girls	Year 8 Boys	Year 8 Girls
9:35 (LJ marshall) 9:40	Shot Put	Discus	Long Jump	High Jump
10:25	High Jump	Shot Put	Discus	Long Jump
11:10	Long Jump	High Jump	Shot Put	Discus
11:55	Discus	Long Jump	High Jump	Shot Put

12:50 - 1:20 - 100m Heats (Y7 Girls, Y7 Boys, Y8 Girls, Y8 Boys)

1:20 - 1:30 - 100m Finals (Y7 Girls, Y7 Boys, Y8 Girls, Y8 Boys)

1:30 - 2:00 - Relay Races (Y7 Boys, Y7 Girls, Y8 Boys, Y8 Girls)

2:30 - Buses leave