

29th July 2019

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Dear Parent/Caregiver

School Ski Trip – Friday 9th August 2019

The Ski Trip is coming up fast and it is time for you to begin preparing.

To prepare for the Ski Trip make sure you have gloves or mittens, woollen hat, sun glasses and sun screen. You also need a spare pair of socks and pants to wear home (you will get wet on the ski field). Remember – it is better to wear layers of clothes to take off or put on, depending on the weather. Polyprop or wool are best. A jacket to protect from wind, and over trousers are good (parka nylon is suitable). Keeping warm is **very** important.

All skier and snowboarders must wear helmets. The hire fee for a helmet has been included in the cost of the ski trip.

Please make sure that you listen carefully to the instructors and adults on the trip to ensure that you follow the correct procedures and remain within the ski field boundaries.

Food at Porters Heights is expensive, take a packed lunch with a large bottle of drink and lots of snacks. Skiing is hard work and you will get hungry.

We need to be at school early. Please arrive at school at **7.00am**. Buses leave at **7.15am sharp**. We will not wait, as the earlier we get up there, the more time we have on the mountain.

Thank you to those who offered parent help. We had more than enough offers so sorry to those who missed out.

Buses will return to school between 5.30pm and 6.00pm. The school answer phone and school app will continue to be updated should our estimated time of arrival home change. Please be waiting for your children or make arrangements for them to be met and taken home.

In case of bad weather on the day please check one of the following for any cancellations: School phone messages, school app, school facebook page or school website. Unfortunately due to other commitments around the school there will be no postponement date for the ski trip.

If you are prone to travel sickness, please prepare yourself for a 2 hour bus ride. We would appreciate it if all sufferers took the necessary medication prior to the journey.

All we need now is a beautiful sunny day.

Yours faithfully
Chloe Riches
Teachers in charge of Ski Trip

Gear checklist:

- ☐ Waterproof Jacket and Pants
- ☐ Gloves/mittens
- ☐ Beanie/Warm hat
- ☐ Sunglasses/Goggles
- ☐ Sunscreen
- ☐ Thermal leggings (for under ski pants)
- ☐ Rubbish bag to put wet clothing into
- ☐ Packed lunch and Snacks
- ☐ Water
- ☐ Warm clothing layers while skiing
- ☐ Long thick socks
- ☐ One large bag for all your belongings
- ☐ Appropriate warm clothing to change into after the days skiing

PORTERS SKI DAY 2019



When you get to Porters:

- At the carpark, please **stay on the bus** until you receive instructions from the instructors (who will greet us).
- Get a quick drink and a snack. **Put on sunscreen.** Take **goggles / glasses/gloves/hat** and go to Ski Hire via the toilets. Line up quietly.
- The ground in the carpark may be slippery – **take care.**
- Give the attendant your shoe size and try on one boot (do not put on the other one yet).
- Move to ski/board hire area. Give your weight and other boot to the attendant. They will provide you with skis or a snowboard.
- Move to a seat and put on your other boot. An adult will be there helping you. Tie your shoe laces together and put your shoes in a box labelled with your bus number. These will then be stored in the bus until the end of the day (*Remember the number on your skis or snowboard*). Get a pair of poles if you want them.
- Make your way to the exit where you will give an adult your ski/snowboard number.
- Outside, you will be put into groups for your lesson.
- At lunch time (after your lesson) make sure you remember where you leave your skis/poles/snowboard. Have lunch at bus or at the picnic tables (you may NOT eat your own food in the café).
- The adults will be at the bus or outside during the lunch hour to check how you are enjoying your experience
- After lunch – at the bus or on the deck - enjoy the afternoon in the area your instructor said was appropriate for your abilities.
- A teacher or a CSIS parent will be at the base and will be able to help you if needed. They will be in the cafeteria/picnic area during the day. They have a first aid kit.
- When you ski or snowboard in the afternoon, you **MUST** remain with a buddy and within view of a member of staff or CSIS parent. Do not split up. Adults will be spread out over the ski area. Check with one of them **before** you move to a new area.
- **All finished and off the slopes by 3pm.**
- **Remember,** you must be back at the bus at **3.30pm** having returned your skis, boots, poles and snowboards. Go to the toilet, have a snack and a drink.
- Feel free to sleep on the way home - as long as you don't snore!!

We hope you all have a great day!

*Remember the South Way - say **thank you** to the ski instructors, parent helpers and the bus driver at the end of the day!*