

7 June 2022

Dear Parents/Caregivers

Inter-School Cross Country

Your child has been selected to represent the school at the Interschool Cross Country to be held at Ngā Puna Wai on Wednesday 22nd June.

We will be travelling to the event by bus leaving school at 9.00am. We will return at approximately 1.30pm.

Tracksuits will be issued prior to the event and need to be returned to school clean and in a **named** bag to the black bin in the office by Monday 27th June.

On the day of the event your child will need to bring to school:

- PE Uniform (shorts and top) as well as a face mask to wear on the bus
- Packed lunch – **no** lunch orders please as we will be away during part of the lunch hour.
- Snacks to take to event
- Drink bottle (no drinks are provided)
- Warm clothing for before and after race
- Any medication required eg. Asthma inhalers
- Change of footwear for return (plastic bag for running shoes). **No** spikes or bare feet.
- School bag or sports bag to carry personal items to and from event.

Event Timetable:

| | | |
|---|-----|-----------------------------|
| AWD | 1km | 10.15am start time |
| Year 7 Girls | 3km | 11.30am start time |
| Year 7 Boys | 3km | 11.50am start time (approx) |
| Year 8 Girls | 3km | 12.10pm start time (approx) |
| Year 8 Boys | 3km | 12.30pm start time (approx) |
| Year 7 and 8 prize giving approximately 12.50pm | | |

The course map can be found on the website www.primarysportscanterbury.org.nz under PSC Events, Cross Country, Maps.

If you are able to help with the set up or marshalling on the day please tick the box on the form and return it to the office by Wednesday, 15th June.

Yours sincerely
Inga Solofuti
Teacher in Charge

Inter-School Cross Country – Ngā Puna Wai

I am able to help with:

- The 7.30am set up at the event and will be totally free of any obligations to competitors
- Marshalling on the day and will be totally free of any obligations to competitors
- I meet you at Ngā Puna Wai to help with marshalling
- I will travel on the bus to Ngā Puna Wai from school to help with marshalling

Name of parent /caregiver _____

Contact Phone # _____

Signed _____

Please return to the office by Wednesday, 15th June